



School Health – Basic First Aid Supplies

For schools of **100 students or less**, your school first aid room (or designated area) should be clearly marked, close to bathroom facilities and equipped with the following items:

- ◆ The supplies of a Number 2 First Aid Kit;
- ◆ 1-2 blankets;
- ◆ A bed or cot;
- ◆ Hot and cold packs;
- ◆ An eye wash station;
- ◆ A flashlight; and
- ◆ A communication system.

At least two members of staff should have first aid training.

For schools of **100 students or more**, your school first aid room (or designated area) should be clearly marked, close to bathroom facilities and equipped with the following items:

- ◆ The supplies of a Number 3 First Aid Kit;
- ◆ 2-3 blankets;
- ◆ A bed or cot;
- ◆ Hot and cold packs;
- ◆ An eye wash station;
- ◆ A flashlight;
- ◆ A communication system; and
- ◆ Optional: a stretcher, adjustable cervical collar & splint set

At least three members of staff should have first aid training, plus an additional first aider for each increment of 100 students.

Check your first aid supplies on a regular schedule. Most first aid items can be replenished as necessary through purchases in pharmacies, food stores and safety supply stores.

Infirmery Cleanliness

1. Someone in the school should be designated to check the infirmery on a regular basis (i.e. is the linen soiled, is there any equipment left out, bandages, basins, etc).
2. Linen should be changed and cleaned when visibly soiled AND when someone with a known communicable disease (e.g. chickenpox), uses it. If in doubt, change it.
3. Routine cleaning should be done the same as with any other room AND after anyone with a known communicable illness uses the room. The usual custodial routine and products should be sufficient.